



**Five Elements**  
Veterinary Acupuncture

**Pet  
Personality  
And  
Clinical Signs**

<b>Owner information</b>	
<b>Name</b>	<b>Telephone</b>
<b>Address</b>	
<b>Animal Information</b>	<b>Name</b>
<b>Sex</b> <input type="checkbox"/> intact	<b>Age</b>
	<b>Species</b>
<b>Current Medications/Supplements</b>	<b>Weight</b>
<b>Major Complaints</b>	
<b>Current Diet</b>	

Please circle or tick the traits that apply to your pet. Circle as many as you feel apply.

Fire	
Normal	Abnormal
lively communicative very friendly affectionate loves to be petted center of the party	insomnia separation anxiety restless excess heat rapid heart rate heart problems

Wood	
Normal	Abnormal
decisive assertive confident strong impulsive athletic stamina alpha animal	ligament problems liver problems red eyes angers easily ear problems nail problems footpad problems anal sac issues

Earth	
Normal	Abnormal
relaxed, laid back sociable round and large loyal serene and balanced cares for others (motherly)	diarrhea constipation loss of appetite vomits gum disease weak muscle overeats – overweight worries

Water	
Normal	Abnormal
careful curious self contained loves to hide meditative slow and consistent	rear weakness fearful bone and back issues urinary problems disturbed growth deafness reproductive problems

Metal	
Normal	Abnormal
loves order obeys the rules aloof symmetrical body disciplined attitude good hair coat	asthma dry skin sinus problems breathing disorder nose problems cough

Please circle all the traits that apply to your pet - these may seem a bit repetitive, but please circle any that apply.

<b>Temperature preference</b>	Shade or cool locations (concrete/tile)	Sun or warm locations (carpet)	No preference/either		
<b>Personality</b>	Hyperactive, outgoing, confident, strong	Quiet, timid, less confident			
<b>Diet ingredients</b>	Dry food (kibble) Chicken, lamb, venison	fish, tofu, raw	Other (please specify):		
<b>Water intake</b>	Normal	Loved to drink	No thirst	Increased	Decreased
<b>Food Intake</b>	Normal	Finicky	Poor	Ravenous	
<b>Voice</b>	Loud	Weak	Changed	Normal	
<b>Cough</b>	Dry	Wet	Loud	Weak	Productive (foam/phlegm)
	Daytime	Nighttime	Worse at night	No cough	
<b>Breathing</b>	Normal	Heavy	Strong	Weak	Superficial
	Short of breath on walks				
<b>Feces</b>	Normal	Watery	Loose	Dry	Constipation
	Bloody	Mucoid	Incontinent	Malodorous	
<b>Urination</b>	Normal	Long	Short	Incontinent	Bloody
	Malodorous				
<b>Exercise</b>	Normal	Lots	Too little	Intolerant (refuses or quits)	
<b>Sleep</b>	Normal	Too much	Too little	Vocalizes at night	
	Restless at night	Likes soft bed	Likes hard bed	Muscle jerking during sleep	
<b>Vomiting Volume:</b>	None	Frequent	Sporadic	AM/PM	Just after eating
	A lot	A little	With food/water	With undigested food	
<b>Stiffness Worse:</b>	Acute	Chronic	None		
	In the morning	In the evening	When cold outside	When hot outside	When damp outside
	With exercise	When first gets up, then better			
<b>Massage</b>	Likes	Dislikes			

Anything else you would like to tell me about your pet?